



# Glenburn Figure Skating Club

## 2025 GLENBURN FIGURE SKATING CLUB CHAMPIONSHIPS

### Specific Information: OPEN SOLO FREE DANCE

- DATES:** Saturday 19<sup>th</sup> July at 4.15pm to 7.45pm  
Sunday 20<sup>th</sup> July at 7.00am to 10.00am and 3.45pm to 8.15pm
- VENUE:** Paradise Ice Rink, Lansford Crescent, Avondale [www.paradice.co.nz](http://www.paradice.co.nz)
- CLOSE:** Closing date for entries is Saturday 28<sup>th</sup> June at 5pm or once the schedule is full whichever is sooner. No late entries will be accepted after this time.
- DRAW:** The starting order will be randomly computer generated on Friday 11<sup>th</sup> July and published on the NZIFSA website.
- ENTRIES:** Entries must be made on an official online entry form and will only be accepted on payment of the appropriate fee.
- FEES:** Please note that entry fees are payable as per the following table. Ensure your entry fee is paid before the close of entries. Entry fees are to be deposited directly to the GFSC bank account 12-3070-0097550-02. Use reference "GFSCcomp" and skater's initial and surname.

Grade	Entry fees MUST be paid before Saturday 28 <sup>th</sup> June
Open Solo Free Dance - Adult For skaters who usually or qualify as Adult Skaters	\$50.00 per skater
Open Solo Free Dance - Youth & Young Adults For skaters who usually compete or have competed in the NZIFSA competitive grades	\$50.00 per skater

**Note:** These grades may be split further by age depending on number of entrants

***Make your entry online using this link:***

[https://www.cognitoforms.com/GlenburnFigureSkatingClub/\\_2025GlenburnClubChampionships](https://www.cognitoforms.com/GlenburnFigureSkatingClub/_2025GlenburnClubChampionships)

Entry fees to be deposited directly to the GFSC bank account number: 12-3070-0097550-02. Please use as reference "GFSCcomp" and skater's initial and surname.

#### REFUNDS

Refunds upon withdrawal after the closing date are at the discretion of the GFSC committee and will only be on provision of a medical certificate.

#### ELIGIBILITY

All entrants must be a member of an NZIFSA affiliated club. If you have not yet joined a club, please email [glenburncompetition@gmail.com](mailto:glenburncompetition@gmail.com) and we will arrange the membership for you. The entry into Open Solo Free Dance has no test requirements.

## OPEN SOLO FREE DANCE GRADE

This open grade may be further divided by age brackets, and men and women will compete and be judged together. The results will be determined by majority opinion of the judges, taking into account the technical and artistic aspects of the performance.

## PROGRAM REQUIREMENTS

Open Solo Free Dance Requirements	
Program Length	1 minute & 30 seconds +/- 10 seconds
Music	Vocal Music is permitted.
Edge Element	At least one (1) short edge element, but no more than 2. The edge element must be held in position for a minimum of three seconds and cannot exceed seven seconds.
Spin	One (1) Dance Spin - Dance Spin - A spin to be performed on the spot on one foot with or without change(s) of foot by the skater.  *Flying Spins or Flying Entries are illegal elements.
Step Sequence	One (1) step sequence from the following list: circular, midline or diagonal. The step sequence must fully utilize the ice surface and should include a variety of steps and turns such as include three-turns, mohawks and brackets as examples.  Not permitted elements: stops, pattern regressions, loops and jumps of more than one-half rotation, dance spins, and pirouettes.
Twizzle	One (1) twizzles. (Twizzle on one foot or two feet is required)
Choreographic Character Step	Must be placed around the short axis and proceed from barrier to barrier. Must commence with a full stop (or opening pose) at one barrier or the other. May be performed at any point in the program.

### Further breakdown of some of the required elements:

Short Edge Element - A Short Edge Element is a movement where the skater must maintain a continuous sustained edge in any selected position. A Short Edge Element must be sustained in position for at least three (3) seconds and not more than seven (7) seconds. The primary focus is on the quality of edge, and the secondary focus is on the position attained. Short Edge Elements include the following example types below:

- Spirals, in varied positions or an Attitude
- Crouch, in varied positions ie; one leg extended to the side, back or front, on or off the ice
- Spread eagle
- Ina Bauer
- Hydroblade movements

Solo Dance Spin - Spin with or without any change of foot.

## Announcement: GFSC Adult Open Solo Free Dance 2025- cont

- Sit Position - Performed on one foot with skating leg bent in a one-legged crouch position and free leg forward, to the side or back.
- Spin - A spin performed on the spot around a central axis on one foot. i.e. a Camel spin
- Upright Position - Performed on one foot with skating leg straight or slightly bent and upper body upright (on a nearly vertical axis), arched back or bent to the side

### Illegal Elements and Movements:

- Jumps of more than one-half (1/2) revolution
- Two or more consecutive 1/2 revolution jumps
- Split Jumps with a toe assisted take off. (A Ballet Jump where the skater takes off and lands on the same toe with no rotation will be considered a hop and not a split jump.)
- Split Jumps with an edge take off where the legs are spread equal to or more than 90 degrees. Such as, but not limited to a Falling Leaf.
- Illusions
- Lying on the ice and / or stationary kneeling on both knees on the ice.
- Somersault type jumps

Props may not be used in any part of the programme.

### COMPETITION MUSIC

Competitors must submit their music and be provided electronically in MP3 format and must be uploaded using the following form not later than the close of entries Saturday 28<sup>th</sup> June:

<https://www.cognitoforms.com/NorthIslandIceSkatingSubAssociation/NorthIslandsCompetitorsMusic2025>

Each file must contain only one track and must be named with competitors name, grade entered and the exact running time (i.e. not skating time) of the track as follows:

**Jane Smith OpenSoloDance 1.30**

Skaters are strongly advised to have a copy of their music on USB format at the competition as backup.

For further details on the Glenburn Club Championships please read the full Competition Announcement available on both the Glenburn Figure Skating Club and the New Zealand Ice Figure Skating Association web sites [www.glenburniceskatingclub.co.nz](http://www.glenburniceskatingclub.co.nz) and [www.nzifsa.org.nz](http://www.nzifsa.org.nz)

Further enquiries contact Glenburn Figure Skating Club:  
Competition coordinators: Karen Smith or Debbie Larsen  
Email: [glenburncompetition@gmail.com](mailto:glenburncompetition@gmail.com) Phone: 021629684

**FREE SPECTATOR ENTRY.**  
**HOWEVER THE GLENBURN FIGURE SKATING CLUB IS SUPPORTING**  
**CANCER SOCIETY NZ DAFFODIL DAY ANY DONATIONS WOULD BE**  
**APPRECIATED, DONATION BUCKETS WILL BE AVAILABLE AT THE EVENT**